

## Hair Toxic & Essential Elements

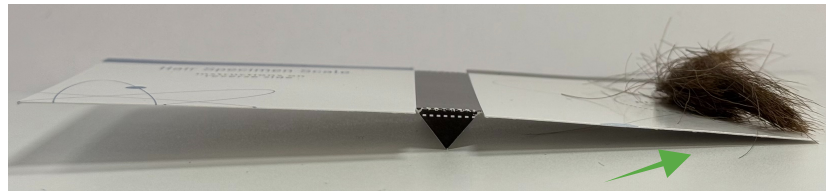
1. Set up the scale by bending the black tabs downward to form a fulcrum, then place it on a level surface.
2. Cut samples of hair from back of head, as close to the scalp as possible. It is the best if small amounts of hair are cut from 5 - 6 different areas in the back of the head.
3. As each piece of hair is cut from the head, save only 1 inch (2.5 cm) of the hair closest to the scalp. Cut off and discard the rest. Place the saved hair on the scale.
4. Keep cutting and adding hair to the scale until it tips (see pictures below). The scale is designed to collect about 0.25 g of hair.



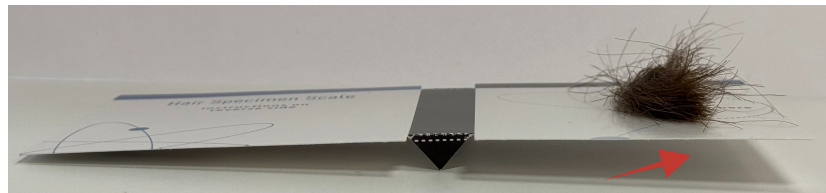
Sufficient



Insufficient

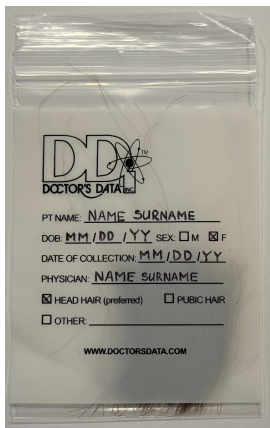


Sufficient



Insufficient

If the hair sample provided is insufficient, it will be rejected, and an administrative fee along with additional shipping costs may apply for resubmission



Write **patient's full name**, **date of birth** and **collection date** on the specimen bag. Be sure that the information is legible. Ensure the name matches what was provided on the requisition form.

**Complete** and **sign** the requisition form. The test cannot be performed without a properly filled requisition form.

Regenerus Labs reserves the right to dispose of any sample received which does not meet this criteria.

We **do not** receive samples on weekends or bank holidays.

Failure to do so may require the test to be rejected and needing to be repeated.



Please follow the instructions on the enclosed shipping document

1. Place the specimen bag in the envelope, and include both the envelope and the completed requisition form in the return box.
2. Place the box in the appropriate return bag and apply the pre-paid return shipping label to the outside.

